



# ★ FROZEN *Manali* ADVENTURE CAMP

09 DAYS / 08 NIGHTS



# ADVENTURE *Activities*



- Snow Trekking
- Sightseeing
- Photography
- Rappelling
- Rock climbing
- River crossing
- Camping, Campfire, Team Games
- Paragliding (Excluding)
- River Rafting (Excluding)
- Snow Activity (Excluding) (Skiing, Sledding, Snow boarding, Snow Angeles, Building a snowman, Snow shoeing, Snowball fighting)



# PLACES TO *visit*



- Manu temple
- Old manali
- Hidimba devi temple
- Manali mall road
- Jogani waterfall (Trek)
- Vashisht temple (Hot water springs)
- Lamadugh (Snow Trekking)
- Solang valley (Snow Activities)

LET'S

GO

TRAVEL!

# ITINERARY



## DAY - 1

Travelling Ahmedabad to Pathankot by Train.

## DAY - 3

Early morning arrival at Manali.  
Free time for freshup.  
After lunch Rappling & River crossing/Zipline.  
In evening small trek.(Near Campsite).  
Dinner and Campfire.

## DAY - 5

Snow Trek to Lamadugh.  
Night Campfire.

## DAY - 7

In morning start journey Pathankot to Ahmedabad by Train.

## DAY - 2

Arrival at Pathankot and departure to Manali.

## DAY - 4

After breakfast Ride to Solang valley for snow activities. Enjoy pack lunch at solang valley with snow.  
Visit for manali sightseeing, Hadimba temple, Manu temple.  
After lunch River Crossing / Zipline activity.  
In evening visit Mall road. Night Campfire.

## DAY - 6

Trek to Jogani waterfall & vashisht temple.  
Return campsite and Departure for Pathankot ( Night Journey)

## DAY - 8

Arrival at Ahmedabad in afternoon.



## Inclusions

- Ahmedabad to Ahmedabad Travelling
- Accommodation in tents (with mattress and pillows) on sharing basis  
4 Breakfasts, 4 Lunch, 4 Dinner
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- **Activities:**  
Snow Trekking, Sightseeing, Rappelling, Rock Climbing, River crossing,  
Camping, Campfire, Team Games

## Exclusions

- Food during travel
- Entry Fees at site seeing place(if any)
- Emergency medical after First Aid Support
- Anything not mentioned above







# THINGS TO BE *carried*

## CLOTHING

- Back pack & Rain cover - (50-60 ltr) with comfortable Shoulder straps
- Day Pack + Rain Cover-(20-25 ltr)
- 5-6 pair of full sleeve cloths (shirt/T-shirts + trousers)
- Warm clothing (Blanket, Thermal Inners)
- Trekking/Sport Shoes (Waterproof, high ankle with good grip)
- Face Mask & Sanitiser

## PERSONAL ITEMS

- Sun cap & goggles
- Torch, matchbox
- Personal sanitary items & Cold cream
- Water bottles
- Mug/Glass & Spoon
- Lunch Box
- Bedding like Sleeping bag Or Blanket & Bed sheet

## OTHERS

- Original Identity Proof & 2 Xerox Copy
- Soft copy of fee receipt
- Snacks for travel
- Mobile, Camera & Power bank
- Personal medication if any



# COVID-19 MEASURES

## GUIDELINES TO THE PARTICIPANTS FOR SAFE CAMPING.

1. Using Face Mask/Face Cover is compulsory
2. Aarogya Setu App on your mobile phone is mandatory, before commencing Bus journey & during the camping duration.
3. Maintain Social Distancing and Wash Hands Frequently, Avoid handshakes with other participants and staff members.
4. Must Carry personal hand sanitizers to use during activities/camping
5. The Participants are advised to Carry personal items for safe camping like Plate/lunch box for meals, mug,spoons, water bottle.
6. Try to avoid touching at any place like handlebars, supporting bars in a bus, automated water taps sanitizer machines, etc.
7. Use dustbins for garbage and mask disposal.



# GUIDELINES TO THE RESPECTIVE MANAGERS/VOLUNTEERS /INSTRUCTORS FOR SAFE CAMPING.



## ■ KITCHEN & DINING

1. Masks and Hand gloves are compulsory for the cooking staff.
2. Kitchen and Dining area to be cleaned and sanitized frequently, at least thrice a day.
3. Participants will be advised carrying personal plates/lunchboxes, spoon & mug to stay contact-free.
4. Participants are encouraged to enjoy meals in open areas and if the dining area is used, then keep a minimum of 6 feet distance between 2 people.
5. Watertanks and RO plants are out of reach for all the ranks (participants, instructors, and staff members)

## ■ CAMPSITE & WASHROOM AREA

1. The whole campsite to be cleaned and sanitized daily.
2. Close fall ins, campfire, Musical Evenings to be avoided
3. Every participant would pass through a temperature test to ensure the safety and spread of infection.







# Team & Conditions

## DISCIPLINE

- This is an Adventure Camp and not a leisure tour, so we expect a high level of discipline.
- Participants will have to follow the instructions clearly given by the volunteer/guide, Misbehave/Arguing with the volunteers/guide/instructors will be considered as disciplinary issues.
- Smoking, Alcohol, Tobacco & Abusive Language are strictly prohibited and if anyone found suspect in such cases, the participation will be terminated and no further service/return ticket/refund will be offered then after.
- Accommodation Facilities for Girls & Boys are separate.
- Punctuality is taken as serious matter.





# CANCELLATION *policy*

Cancellation would be granted by the Project Manager or Higher Authorities on receiving cancellation request through registered mail ID only. The cancellation amount will be counted on total fees only.  
The refund amount will be paid in 7 to 12 working days through an AC payee cheque.

1	Before More Than 40 days of expedition	10%
2	Before 21 to 40 days of expedition	25%
3	Before 11 to 20 days of expedition	40%
4	Before 1 to 10 days of expedition	60%
5	In last 24 hours of Departure	90%

## CHANGE OF SCHEDULE

In case of unforeseen conditions, the schedule /itinerary can be modified/cancelled  
“Soundaryasafar ” reserves all rights to cancel/ shorten/modify the itinerary, and the final decision is authorized with the trustee team





# THE REGISTRATION IS ONLINE!

## PAYMENT METHOD:-

Google Pay:- 8511922739

## FOR CASH DEPOSIT IN BANK:-

Bank Name:- Axis Bank

Account Name: - Raj Brahmabhatt

Account No: - 919010054609554

Branch: - Prahladnagar, Ahmedabad

IFSC Code: - UTIB0003167

Mo no.:- +91 85119 22739

Soundarya Safar

*Note: Please send confirmation slip after payment on this whatsapp +91 8511922739 payment details.*





## - NOTE -

Kindly take a humble note that this is adventurous camping exploration. Please do not consider this as a tour and “Soundaryasafar” as a tour operator. Our idea is purely to serve adventure with a heritage touch. The schedule is subject to change as per the weather conditions. Any change in schedule or cancellation of the trek can be done without giving any prior information.